

1600m

2*310m

1.1 2022

1.2

1.3

2.1

2.2

" "

2.3

3.1

1

2

3

4

6

7

3.2

3.3

1

2

3

4

3.4

2

5

3.5

4.1

"

"

1

2

3

4

5

6

4.2

15

30

20

35

4.3

1

2

3

4

4.4

1

2

3

4

5

6

5.1

5.2

5.3

10

15

6.1

7.1

2

10

15

30

30

10

2

		1	15	15	
		1	5		
		1	10	10	
		1	5		
		1	10	10	
		1	150m	5	10
					150m

		1	5	10	1000m	10	(1000m)
		1	5	10		10		
		1	5	10		10		
		1	5	10		10		
		1		5				
		1	5	2	10	2	10	
		1	5	10		10		
		11						

		1	15 5	15
		1	10 5	10
		1	10 5	10
		1	10 5 150m	10 150m
		1	5 10 3000m	10 (3000m)
		1	5 10	10
		1	5 10	10
		1	5 10	10
		1	5	
		1	5 2 10	2 10
		1	5 10	10
	11			

5 6 8

		1	15 5	15
		1	10 5	10
		1	10 5	10
		1	10 5 150m	10 150m
		1	10 5	10
		1	10 5	10
		1	10 5	10
		1	5	
		1	5 2 10	2 10
		1	10 5	10
		10		

	1		15	15	
			5		
				700m	700m
	1		10	10	
			5		
	1		10	10	
			5		
	3		10	10	
			5		
				700m	700m
	1		10	10	
			5		
	1		10	10	
			5		
	1		10	10	
			5		
	1		5		
	2		10	10	
			5		
	1		10	10	
			5		
	13				

		1	15 5	15
		1	10 5	10
		1	10 5	10
		1	10 5	10
		1	10 5	10
		1	10 5	10
		1	10 5	10
		1	5	
		1	5 2	10 2 10
		1	10 5	10
	10			

1

2

1

5